

GP RECORDS - ALEX EXAMPLE (FICTIONAL) DOB 01/01/1980 NHS No. N/A

12/03/2024 GP consultation. Patient reports neck and shoulder pain following a road traffic collision on 10/03/2024 (rear-end shunt at low speed). No head injury. Examination: reduced cervical range of movement, paraspinal tenderness. Diagnosis: whiplash-associated disorder grade II. Plan: analgesia (ibuprofen 400mg TDS), physiotherapy referral, review 4 weeks.

09/04/2024 Review. Pain improving, sleep still disturbed. Physiotherapy commenced 02/04/2024. Advised continue. Fit note issued 09/04/2024 to 23/04/2024 (amended duties).

22/05/2024 Physiotherapy discharge letter received: 6 sessions completed, full range of movement restored, residual intermittent stiffness. Patient discharged from physiotherapy.

15/07/2024 GP consultation (unrelated): seasonal rhinitis, antihistamine prescribed.

PAST MEDICAL HISTORY: asthma (well controlled, salbutamol PRN). No previous neck injury recorded.

END OF TEST RECORD